

2nd Annual Run of the Valkyries -- 8km

Sunday, August 23, 2009

A NOTE ABOUT FLINT HILLS CUP POINTS:

Please note that Flint Hills Cup Points are awarded based upon a runner's Flint Hills Cup class. Flint Hills Cup classes are assigned based upon a runner's age on May 1 of the competition year. A runner's Flint Hills Cup class may differ from the class a person is in for a particular race. Therefore in many cases there may be duplicate numbers or otherwise out of sequence numbers in the "points" column. These numbers, although they appear to be incorrect, are not incorrect. Thanks.

Girls 9 and Under Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>
1	243 Kyla LOVITT	North Pole	AK	2000	F00 (59)	1:17:01.2	0	15:30	

Girls 10-11 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>
1	186 Julia MAYER	Fairbanks	AK	1998	F10 (8)	40:03.4	0	8:04	30
2	242 Ziandra LOVITT	North Pole	AK	1999	F10 (58)	1:16:58.1	+36:54.7	15:29	21

Girls 12-14 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>
1	285 Haley SPENCER	Fairbanks	AK	1997	F10 (10)	41:38.7	0	8:23	25
2	245 Gina JENSEN	Fairbanks	AK	1995	F12 (17)	45:50.9	+4:12.2	9:13	30

Women 18-29 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>
1	244 Jessica SMITH	North Pole	AK	1980	F20 (16)	45:32.9	0	9:10	30
2	230 Christina NUSSBAUMER	Fairbanks	AK	1979	F20 (22)	46:59.3	+1:26.4	9:27	25
3	229 Regina FINSTAD	Fairbanks	AK	1983	F20 (23)	47:52.2	+2:19.3	9:38	21
4	288 Jennifer FUENTES	Fairbanks	AK	1983	F20 (26)	48:21.9	+2:49.0	9:44	18
5	155 Ashley CROOKS	Fairbanks	AK	1987	F20 (28)	49:18.7	+3:45.8	9:55	16
6	284 Katie BELLANT	Fairbanks	AK	1980	F20 (29)	50:08.5	+4:35.6	10:05	15
7	282 Laura SEEGER	Fairbanks	AK	1982	F20 (31)	50:15.1	+4:42.2	10:07	14
8	283 Megan DAMARIO	Fairbanks	AK	1983	F20 (34)	50:38.3	+5:05.4	10:11	13
9	246 Nicole CENKNER	North Pole	AK	1979	F20 (37)	52:44.3	+7:11.4	10:37	12
10	153 Janel WALTERS	Fairbanks	AK	1985	F20 (38)	54:33.6	+9:00.7	10:59	11
11	263 Sarah SULLIVAN	Fairbanks	AK	1979	F20 (48)	1:01:13.4	+15:40.5	12:19	10
12	231 Elisabeth DABNEY	Fairbanks	AK	1984	F20 (53)	1:04:06.5	+18:33.6	12:54	9
13	252 Kimberly MOORE	Fairbanks	AK	1985	F20 (54)	1:04:07.0	+18:34.1	12:54	8

Women 30-34 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>
1	196 Heather BEST	Fairbanks	AK	1977	F30 (1)	33:34.9	0	6:45	30
2	178 Stephanie GEDDINGS	Ft. Wainwright	AK	1974	F30 (15)	45:29.7	+11:54.8	9:09	25
3	144 Hayshia SERRANO	Fairbanks	AK	1975	F30 (33)	50:26.7	+16:51.8	10:09	21
4	247 Angela MAJOR	Fairbanks	AK	1978	F30 (39)	54:42.2	+21:07.3	11:00	18

Women 35-39 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>
1	164 Melanie REDINGTON	Wasilla	AK	1970	F35 (2)	35:17.5	0	7:06	30
2	195 Anna MERRILL	Fairbanks	AK	1973	F35 (5)	39:24.2	+4:06.7	7:56	25
3	145 Emma WILLIAMS	Eielson AFB	AK	1972	F35 (6)	39:36.0	+4:18.5	7:58	21
4	249 Amy KENASTON	Fairbanks	AK	1970	F35 (14)	44:00.7	+8:43.2	8:51	18
5	219 Angela SCHMIDT	Fairbanks	AK	1970	F35 (19)	46:07.4	+10:49.9	9:17	16

2nd Annual Run of the Valkyries -- 8km
Sunday, August 23, 2009

6	149	Rebecca KEGLEY	Fairbanks	AK	1969	F35	(30)	50:11.1	+14:53.6	10:06	15
7	137	Jennifer GONZALES	North Pole	AK	1972	F35	(40)	58:19.1	+23:01.6	11:44	14
8	270	Elisabeth WALTER	Fort Wainwright	AK	1973	F35	(42)	59:37.9	+24:20.4	12:00	13
9	269	Missy JENISON		AK	1973	F35	(43)	59:38.2	+24:20.7	12:00	12
10	287	Erika COLACICCO	Ft. Wainwright	AK	1971	F35	(44)	59:49.0	+24:31.5	12:02	11
11	226	Ericka SUHL	North Pole	AK	1973	F35	(56)	1:08:15.9	+32:58.4	13:44	10
12	217	Jennifer MITCHELL	Fairbanks	AK	1973	F35	(60)	1:17:01.7	+41:44.2	15:30	9

Women 40-44 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>		
1	264	Susan KRAMER	Fairbanks	AK	1968	F40	(3)	35:56.7	0	7:14	30
2	179	Jodi BAILEY	Fairbanks	AK	1969	F40	(9)	41:14.0	+5:17.3	8:18	25
3	214	Carrie JORDAN	Fairbanks	AK	1965	F40	(12)	43:22.1	+7:25.4	8:44	21
4	146	Rose WENTLAND	North Pole	AK	1965	F40	(35)	51:46.2	+15:49.5	10:25	18
5	240	Hazel LOVITT	North Pole	AK	1968	F40	(61)	1:17:05.5	+41:08.8	15:31	16
6	281	Mary SPRANKLE		AK	1967	F40	(62)	1:17:07.8	+41:11.1	15:31	15
7	241	Zoe LOVITT	North Pole	AK	1968	F40	(63)	1:19:07.9	+43:11.2	15:55	14

Women 45-49 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>		
1	213	Erika VAN FLEIN	Fairbanks	AK	1959	F45	(4)	37:21.3	0	7:31	30
2	162	Heather JOHNSON	Tok	AK	1960	F45	(7)	39:44.0	+2:22.7	8:00	25
3	159	Shirley WINTHER	Fairbanks	AK	1963	F45	(11)	42:56.4	+5:35.1	8:38	21
4	189	Amy ZACHEIS	Fairbanks	AK	1961	F45	(13)	43:58.6	+6:37.3	8:51	18
5	151	Linda REITANO	Fairbanks	AK	1962	F45	(18)	46:05.3	+8:44.0	9:16	16
6	190	Bobbi Jo KATCHMAR	Fairbanks	AK	1961	F45	(49)	1:01:27.7	+24:06.4	12:22	15

Women 50-54 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>		
1	208	Penny ADLER	Fairbanks	AK	1955	F50	(20)	46:11.2	0	9:18	30
2	174	Carol WILLIAMS	North Pole	AK	1957	F50	(21)	46:49.0	+37.8	9:25	25
3	276	Carol HOEFLER	Ester	AK	1959	F50	(27)	49:04.7	+2:53.5	9:52	21
4	273	Nitaya NOTKIN	Fairbanks	AK	1957	F50	(32)	50:20.3	+4:09.1	10:08	18
5	136	Denise RINGHAND	North Pole	AK	1959	F50	(51)	1:01:49.2	+15:38.0	12:26	16
6	143	Laurie GIECK	Fairbanks	AK	1955	F50	(55)	1:04:07.8	+17:56.6	12:54	15

Women 55-59 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>		
1	139	Francie CORK	North Pole	AK	1950	F55	(25)	48:13.5	0	9:42	30
2	212	Louise KOWALSKI	Fairbanks	AK	1951	F55	(46)	1:00:09.7	+11:56.2	12:06	25

Women 60-64 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>		
1	167	Susan MCDONALD	Fairbanks	AK	1948	F60	(36)	52:43.8	0	10:36	30
2	157	Charlotte BERDAHL	Fairbanks	AK	1945	F60	(47)	1:01:07.3	+8:23.5	12:18	25

Women 65-69 Age Class - 8Km

<i>Rnk Num.</i>	<i>Competitor Name</i>	<i>City and State</i>	<i>DOB</i>	<i>Cup Cls</i>	<i>Ovl Rnk</i>	<i>Time</i>	<i>Behind</i>	<i>per Mi</i>	<i>Pts</i>		
1	266	Monte JORDAN	Fairbanks	AK	1943	F65	(24)	47:58.7	0	9:39	30
2	222	Janet MILLER	Salcha	AK	1943	F65	(50)	1:01:47.1	+13:48.4	12:26	25

2nd Annual Run of the Valkyries -- 8km
 Sunday, August 23, 2009

3	280	Janice WAGNER	Fairbanks	AK	1944	F60	(52)	1:02:17.8	+14:19.1	12:32	21
---	-----	---------------	-----------	----	------	-----	------	-----------	----------	-------	----

Women 70-74 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts	
1	274 Phyllis CHURCH	Fairbanks	AK	1935	F70	(41)	58:30.3	0	11:46	30
2	152 Barbara PAGE	Fairbanks	AK	1938	F70	(45)	59:56.1	+1:25.8	12:04	25
3	184 Carter CRAWFORD	Fairbanks	AK	1938	F70	(57)	1:09:00.8	+10:30.5	13:53	21

Women 75-79 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts	
1	183 Janette HANNEMAN	Fairbanks	AK	1930	F75	(64)	1:19:49.7	0	16:04	30

Boys 9 and under Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts
1	148 Camden KEGLEY	Fairbanks	AK	2000	M00	(33)	47:12.1	0	9:30
2	147 Carson KEGLEY	Fairbanks	AK	2000	M00	(35)	50:04.4	+2:52.3	10:04

Boys 10-11 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts	
1	210 Joe BUE	Fairbanks	AK	1997	M10	(14)	35:51.4	0	7:13	30

Boys 12-14 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts	
1	161 Cole JOHNSON		AK	1995	M12	(25)	39:40.5	0	7:59	30
2	182 Mark STOLLER	North Pole	AK	1995	M12	(26)	39:43.5	+3.0	7:59	25
3	188 Rohan WEEDEN	Fairbanks	AK	1995	M12	(31)	46:15.1	+6:34.6	9:18	21

Men 18-29 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts	
1	272 Devin MCDOWELL	Fairbanks	AK	1985	M20	(1)	28:18.0	0	5:42	30
2	218 Cory WROBLEWSKI	Fairbanks	AK	1983	M20	(3)	29:35.9	+1:17.9	5:57	25
3	257 Patrik SARTZ	Fairbanks	AK	1985	M20	(4)	32:01.6	+3:43.6	6:27	21
4	265 Joshua WALTERS	Fairbanks	AK	1980	M20	(11)	34:51.8	+6:33.8	7:01	18
5	194 Aaron LOJEWSKI	Fairbanks	AK	1987	M20	(17)	37:34.2	+9:16.2	7:34	16

Men 30-34 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts	
1	225 Jean-Claude SUHL	North Pole	AK	1977	M30	(21)	38:53.0	0	7:49	25
2	154 Nicholas OBERLE	Fairbanks	AK	1977	M30	(34)	49:19.1	+10:26.1	9:55	21

Men 35-39 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts	
1	267 Frank YOUNG	North Pole	AK	1973	M35	(5)	32:09.3	0	6:28	30
2	271 Paul WAYFIELD	Fairbanks	AK	1973	M35	(9)	34:28.9	+2:19.6	6:56	25
3	279 Adam DEMIENTIEFF	Fairbanks	AK	1974	M30	(13)	35:36.6	+3:27.3	7:10	30
4	278 Joel SWITZER		AK	1971	M35	(23)	39:02.7	+6:53.4	7:51	21
5	277 Rogelio CASTORENA	Eielson AFB	AK	1974	M35	(29)	44:06.4	+11:57.1	8:52	18
6	239 Randal LOVITT	North Pole	AK	1969	M35	(41)	58:49.3	+26:40.0	11:50	16

2nd Annual Run of the Valkyries -- 8km
 Sunday, August 23, 2009

Men 40-44 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts
1	215 Robert JORDAN	Fairbanks AK	1965	M40	(8)	34:24.2	0	6:55	30
2	275 Andrew PHELPS	Ft. Wainwright AK	1964	M40	(10)	34:30.3	+6.1	6:56	25

Men 45-49 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts
1	187 Robert WEEDEN	Fairbanks AK	1961	M45	(7)	32:53.4	0	6:37	30
2	185 John MAYER	Fairbanks AK	1962	M45	(27)	40:03.1	+7:09.7	8:04	25
3	221 Richard PIECH	North Pole AK	1959	M45	(37)	51:14.2	+18:20.8	10:19	21

Men 50-54 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts
1	223 Roger SAYRE	Fairbanks AK	1958	M50	(2)	28:32.3	0	5:44	30
2	228 Greg FINSTAD	Fairbanks AK	1954	M50	(6)	32:31.0	+3:58.7	6:33	25
3	286 Stephen MCNUTT	Fairbanks AK	1954	M50	(22)	38:58.6	+10:26.3	7:50	18
4	220 Kurt CARLSON	Fairbanks AK	1958	M50	(24)	39:09.6	+10:37.3	7:53	16
5	237 Paul REYNOLDS	Fairbanks AK	1959	M50	(42)	1:10:05.4	+41:33.1	14:06	15

Men 55-59 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts
1	261 Warren TAYLOR	Fairbanks AK	1954	M50	(15)	36:55.8	0	7:26	21
2	160 Bud JOHNSON	Tok AK	1952	M55	(16)	37:08.3	+12.5	7:28	30
3	232 Bob VITALE	Fairbanks AK	1953	M55	(20)	38:25.6	+1:29.8	7:44	25
4	268 Edward ROULEAU	Fairbanks AK	1952	M55	(32)	46:38.6	+9:42.8	9:23	21
5	141 Dave LUTHER	Fairbanks AK	1952	M55	(36)	50:33.0	+13:37.2	10:10	18

Men 60-64 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts
1	135 Steve BAINBRIDGE	Fairbanks AK	1949	M60	(12)	34:57.9	0	7:02	30
2	301 Pete HJELLEN	Salcha AK	1945	M60	(19)	38:15.4	+3:17.5	7:42	25
3	158 Rick WINTHER	Fairbanks AK	1947	M60	(30)	44:52.2	+9:54.3	9:02	21
4	205 Timothy DORAN	Fairbanks AK	1949	M55	(39)	52:43.0	+17:45.1	10:36	16
5	166 Bill MCDONALD	Fairbanks AK	1945	M60	(40)	53:46.1	+18:48.2	10:49	18

Men 65-69 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts
1	181 Ron SMITH	Fairbanks AK	1942	M65	(28)	43:00.3	0	8:39	30
2	140 Willy CORK	North Pole AK	1939	M65	(38)	52:15.6	+9:15.3	10:31	25

Men 70-74 Age Class - 8Km

Rnk Num.	Competitor Name	City and State	DOB	Cup Cls	Ovl Rnk	Time	Behind	per Mi	Pts
1	192 Jim MADONNA	Fairbanks AK	1938	M70	(18)	38:12.2	0	7:41	30

Total Number of Finishers in All Classes Combined = 106

ReportName: rpt-RESULTS-Class-MAPCOPts --- Record Source: qry-REPORT-Results